

**CHARTERED**   
INSTITUTE OF PROFESSIONAL CERTIFICATIONS

# CANADA OCCUPATIONAL HEALTH AND SAFETY (OHS) REGULATIONS AND COMPLIANCE

**Fully Accredited  
By:**

Chartered Institute of  
Professional Certifications

CPD  
Certification Service

# PROGRAM OVERVIEW



Canada's Occupational Health and Safety (OHS) regulations are complex, encompassing diverse industries and hazards. With **workplace injuries costing Canada \$26.8 billion annually**, these regulations are vital. They have contributed to a 70% decrease in work-related fatalities since 1976. However, their complexity, with **over 1,000 pages of federal regulations alone, poses implementation challenges for employers**, highlighting the need for ongoing education and support.

This certified program is designed to provide you with an in-depth understanding of Canada's intricate and evolving Occupational Health and Safety (OHS) regulations and compliance requirements. Covering both **federal regulations such as the Canada Labour Code Part II and provincial laws including Alberta's OHS Act and British Columbia's Workers Compensation Act**, this program will help you attain a solid grasp of the legislative framework on **Canada's OHS principles, the General Duty Clause, and the responsibilities of employers and employees**.

In addition to legal principles, this program will provide you with practical insights into **managing worker compensation, handling serious injury incidents, and ensuring compliance with reporting requirements**. You will also gain insights into how to **develop and implement effective OHS policies, procedures, and training programs** that align with the relevant legislation. Furthermore, you will learn how to **conduct workplace hazard assessments, accident investigations, and incident reporting** in compliance with the applicable regulations.

Throughout the program, you will learn about **best practices in safety management, key performance indicators for OHS**, and the intricacies of building effective health and safety management systems. By the end of this program, you will possess the knowledge and skills necessary to proficiently **navigate and comply with OHS regulations, manage workplace safety, and mitigate compliance risks**. This will empower you to foster a safer work environment, ensure legal adherence, and enhance your organization's overall safety performance.

Upon successful completion of the program, you will attain the **Certification in Canada Occupational Health and Safety (OHS) Regulations and Compliance**. This certification will elevate your professional standing and demonstrate your proficiency in the Canadian OHS regulatory framework and effective compliance strategies, enhancing workplace safety and ensuring legal adherence.

## ACCREDITATIONS



4.8



4.6



# KEY SKILLS YOU WILL GAIN

## From This Program



**OHS REGULATION & LEGISLATION**  
**GENERAL DUTY CLAUSE**  
**EMPLOYER RESPONSIBILITIES**  
**EMPLOYEES' RIGHTS**

**OHS LEGAL DEFENSES**  
**OHS DUE DILIGENCE**  
**FEDERAL VS. PROVINCIAL LAWS**  
**CANADA LABOUR CODE PART II**

**OHS ACT & REGULATION & CODE**  
**WORKERS COMPENSATION ACT (B.C.) (ACT)**  
**OHS NEGLIGENCE**  
**CRIMINAL CODE OF CANADA**

**PRIME CONTRACTOR LEGISLATIONS**  
**OHS MANAGEMENT SYSTEM**  
**SAFETY MANAGEMENT PRINCIPLES**  
**OHS KEY PERFORMANCE INDICATORS (KPIs)**  
**ISO 45000**

**HAZARD ID AND ASSESSMENT**  
**WORKER COMPENSATION**



# YOUR FACULTY DIRECTOR



## John Duplessis, B.Sc., CRSP

Award-Winning Health, Safety, and Environment (HSE)  
Expert

John Duplessis is a seasoned Health, Safety, and Environmental (HSE) professional with 29 years of experience, including 20 years as a safety manager in high-hazard industries. Over the past 29 years, John has worked with notable companies like Enbridge, Gibson Energy, and Habshan, **one of the world's largest gas processing facilities, ensuring impeccable safety records and zero incident rates during his tenure.**

John's dedication to safety has earned him numerous awards, such as the **ADNOC HSE Innovation Award and the Work Safe Alberta Best Safety Performer Award.** As a respected industry voice, he has **presented at international conferences, including the IMPACT World in Houston and the Safety Management Congress in Abu Dhabi,** and is dedicated to achieving zero injuries through performance in high-hazard industries.



# OUR PARTICIPANTS

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SAMSUNG



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BURBERRY



citi



IKEA



VOLVO



HYUNDAI



Pfizer

Life is our life's work



Nestlé



# PROGRAM AGENDA

and Safety Law  
you need

## MODULE 1 - INTRODUCTION TO CANADIAN OH&S LEGISLATION

- Overview of Occupational Health and Safety (OHS) principles in Canada
- Overview of the General Duty Clause for Canada
- Overview of employer responsibilities
- Overview of basic rights for employees

## MODULE 2 - DUE DILIGENCE (PART 1)

- To define who has “the burden of proof” – Employer vs. the Crown
- Understanding OHS legal defenses
- Learn through a case study of one of Canada’s worst disasters

## MODULE 3 - FEDERAL VS. PROVINCIAL LAWS

- To understand the general function of the legislative frameworks for OHS in Canada
- To help employers understand multiple jurisdictions that apply to their organization
- To introduce “enforcement” that an employer may deal with
- To help you understand what you need to do (legally) when you have had an incident

## MODULE 4 - OHS NEGLIGENCE AND THE CRIMINAL CODE

- To define OHS negligence and how the government might present a case in court
- To learn the failures of our case study and understand why negligence was at play

## MODULE 5 - THE PRIME CONTRACTOR

- To understand what a Prime Contractor is
- To identify which jurisdictions have Prime Contractor legislation
- To know how to protect your workplace in various circumstances involving other companies who can take advantage of poor Prime Contractor management

## MODULE 6 - DUE DILIGENCE (PART 2)

- To grasp the meaning of compliance vs. Due Diligence
- To understand best practices and where to find them
- To review management’s role in establishing Due Diligence through records and admin





# PROGRAM AGENDA

and Safety Law  
you need

## MODULE 7 - OHS LEADERSHIP

- To introduce principles of safety management
- To introduce Key Performance Indicators (KPIs) for OHS for Canadian workplaces
- How to hire OHS professionals in Canada – what to look for

## MODULE 8 - MANAGEMENT SYSTEM BUILDING

- To understand what goes into a Health and Safety Management System
- An overview of hazard ID and assessment – including risk ranking
- To understand how the OHS Management System will function – the continuous loop
- To discuss if you should be ISO 45000 in Canada

## MODULE 9 - WORKER COMPENSATION

- To provide an overview of what to do if you have a serious injury incident
- How to manage the long impact of injury
- To ensure you know how to report

## MODULE 10 - CERTIFICATE OF RECOGNITION AND PIR THROUGHOUT CANADA

- To understand the basics of COR/PIR
- To give an overview of COR Auditing (The Audit Cycle)
- To provide examples of how you can save money through COR



# YOUR CHARTER DESIGNATION



Chartered Institute of Professional Certification's programs are unique as they provide you with professional charter designation and mark that can be used across your lifetime once you have completed our programs.

Upon successfully attending this program, you will be awarded with the **Certification in Canada Occupational Health and Safety (OHS) Regulations and Compliance** that can be used in your resume, CV and other professional credentials. This certification is industry-recognized with lifelong validity.

Globally demanded and recognized, this certification will amplify your professional qualifications and demonstrate your expertise in developing and maintaining comprehensive health and safety management systems that adhere to current Canadian OHS regulations and effectively mitigate compliance risks. Developed by **Chartered Institute of Professional Certifications**, the content of this program has been independently accredited by **CPD Certification Service** as adhering to the highest standards of continuing professional principles.

# ABOUT US

49,525

Business Leaders Have  
Attained Their Chartered  
Certifications Since 2009

390

Certified and Fully  
Accredited Programs

87%

Chartered Leaders Have  
Reported Career Promotions  
and Enhancements

## Chartered Institute of Professional Certifications

All of Chartered Institute of Professional Certifications program are fully accredited programs. The professional charter and designations are trademarked credentials that can only be used by professionals who have completed and passed our accredited program. It is also independently accredited by CPD as adhering to the highest standards of continuing professional principles.

**CHARTERED**   
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# OUR FACULTY DIRECTORS

We Collaborate With  
Instructors From  
Renowned Institutions



**HARVARD**  
UNIVERSITY



**Wharton**  
UNIVERSITY of PENNSYLVANIA



**Stanford University**



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POLITICAL SCIENCE**



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Business  
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Business  
School**





# CONTACT US TODAY

We Thank You for Your Ongoing Support  
of Our Programs

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